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Sourdough
School

The Sourdough School

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The Sourdough School

The Sourdough School. Specialising in Nutrition & Digestibility of Bread & the Gut Microbiome. Learn to make Sourdough & discover why sourdough is the healthiest bread. Find out how sourdough helps your digestion & benefits to your overall

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health & well being. It is about making the connections, the mindfulness & joy of baking as well as understanding the techniques that make your bread rise, so you can bake & share nourishing bread every day, with the people you love.

**The Sourdough
School | Sourdough
bread &
fermentation**

Online Library The Sourdough School **courses**

The Sourdough School:
Sweet Baking:
Nourishing the Gut &
The Mind. Vanessa
Kimbell. 4.2 out of 5
stars 31. Hardcover.
\$29.99. Artisan
Sourdough Made
Simple: A Beginner's
Guide to Delicious
Handcrafted Bread
with Minimal Kneading.
Emilie Raffa. 4.8 out of
5 stars 1,506.
Paperback.

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The Sourdough School: The Ground- Breaking Guide to Making ...

The Sourdough School: Sweet Baking is an indispensable guide to exploring the techniques and ingredients involved in successful sweet sourdough baking. A companion to the bestselling The Sourdough School , it focuses on sweet recipes that are gut-

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friendly and rely on natural sweetness where possible.

The Sourdough School: Sweet Baking: Nourishing the Gut ...

At her renowned Sourdough School, Vanessa has taught countless students the secrets of this healthy, more easily digestible bread, and now she has compiled her teachings for the home

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baker. From creating your own starter from scratch, you'll then move on to basic breadmaking techniques, before progressing to using sprouted grains and experimenting with flavours to produce Fig and Earl Grey and Cherry Plum loaves.

The Sourdough School: The ground-breaking guide to making ...

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With the Sourdough School House Framework, you can confidently create sourdough breads, buns, bagels, croissants and more. Your family and friends will be thrilled with your new hobby. We offer several courses ([click > course selection](#)) to meet your ever evolving baking goals.

**HOME | sourdoughsc
hoolhouse**

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The Sourdough School:
Sweet Baking:
Nourishing the gut &
the mind - Signed Copy
Spun Iron Cloche. So
excited to see this
beautiful pie from
@pinkiet. RUDE ☐☐
@season_adam
Marbled rye and rye
croissa. Saturday 14th
November is World
Diabetes Day. So t.
BLEND No 13 Oh so
dark, spicy & rich. With
Cocoa .

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Online Sourdough Course | Video Masterclasses | The

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The Sourdough School.
Specialising in Nutrition
& Digestibility of Bread
& the Gut Microbiome.
Learn to make
Sourdough & discover
why sourdough is the
healthiest bread. Find
out how sourdough
helps your digestion &
benefits to your overall
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is about making the

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Sourdough Recipes by Vanessa Kimbell at The Sourdough School

At her renowned
Sourdough School,

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Vanessa has taught countless students the secrets of this healthy, more easily digestible bread, and now she has compiled her teachings for the home baker. From creating your own starter from scratch, you'll then move on to basic breadmaking techniques, before progressing to using sprouted grains and experimenting with flavors to produce Fig

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and Earl Grey and
Cherry Plum loaves.

The Sourdough School: The Ground- Breaking Guide To Making ...

Vanessa Kimbell runs
The Sourdough School
in Northamptonshire,
where she teaches
sourdough
breadmaking and
baking classes to
students from around
the world. A regular
BBC radio journalist in

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the UK, she is a third generation baker of Italian descent and trained in several French bakeries.

The Sourdough School: Sweet Baking: Nourishing the gut ...

Vanessa Kimbell runs The Sourdough School, where she teaches sourdough breadmaking classes to students from around the world. A regular

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The Sourdough School: The Ground- Breaking Guide to Making ...

The Sourdough School:
Sweet Baking is an
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The Sourdough School: Sweet Baking: Nourishing the gut ...

A companion to the bestselling The

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Sourdough School, it focuses on sweet - but not sickly sweet - recipes that are gut-friendly and rely on natural sweetness where possible. Classic recipes and new ideas for flavor combinations offer bakers an alternative method of baking cakes, tarts, pancakes, doughnuts, pannetones, pretzels - nothing is off limits.

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Vanessa Kimbell runs The Sourdough School in Northamptonshire, where she teaches sourdough breadmaking and baking classes to students from around the world. A regular BBC radio journalist in the UK, she is a third generation baker of Italian descent and trained in several French bakeries.

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The Sourdough School: Sweet Baking : Vanessa Kimbell ...

The Sourdough School.

1. 1. The Sourdough
School. Reviewed by:
Diana Henry.

Specialities. When it
comes to bread, I think
you need to spend
time learning how to
make it with someone
who has a real feel for
it, working the dough
in front of them - you

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can't just read up on it. Vanessa Kimbell is completely steeped in her subject.

The Sourdough School - National Cookery School Guide

Sourdough School. by.
Vanessa Kimbell. 4.10 ·
Rating details · 220
ratings · 38 reviews. At
her renowned
Sourdough School,
Vanessa has taught
countless students the

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**by Vanessa Kimbell -
Goodreads**

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| Eventbrite**

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